

Consultation assessment form

Please complete this form and add it to your **Appraisal and Revalidation portfolio**.

- 1 Your colleague comments on the consultations
- 2 Your self-assessment of the consultations

1 Colleagueis comments. Please comment on the following aspects of the consultation:

| Communication skills | Colleagueis comments |
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| <p>Patients were able to express their views</p> <p>The doctor listened to the patient</p> <p>Appropriate language was used throughout the consultation</p> <p>Social and psychological factors were considered where appropriate</p> | <p><i>Limited. Shortage of time.</i></p> <p><i>For a short time, with little explanation of the disease and illness experience.</i></p> <p><i>Few open questions, style was doctor-centred.</i></p> <p><i>Disease focus rather than illness. Limited.</i></p> |
| Clinical skills | Colleagueis comments |
| <p>Adequate clinical details were elicited</p> <p>Examinations were competent and appropriate</p> | <p><i>No. Doctor-centred style. Need to understand the whole person, find common ground, incorporate health promotion and to enhance the patient-doctor relationship.</i></p> <p><i>Yes. Very good clinical skills.</i></p> |
| Decision-making skills | Colleagueis comments |
| <p>The patient was involved in decisions about his/her care</p> <p>An appropriate management plan was formulated and agreed</p> <p>Prescribing was appropriate</p> <p>No action occurred that compromised patient safety</p> | <p><i>No. Common ground was not established in most cases. Little patient-centred approach.</i></p> <p><i>Yes. Further recording and analysis of consultations.</i></p> <p><i>Consultation course. Further audit after changes.</i></p> <p><i>Erratic. Prescribing used as outcome for consultation. Prescribing for viral illness.</i></p> <p><i>Concern with doctor-patient relationship and presenting problem not being recognised.</i></p> |

2 Your comments. Self-assessment:

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| Summary of the main issues in consultation | <i>Lack of time to see number of patients. Frequent interruptions. Felt frustrated at not being able to provide quality time with patients. Patients are presenting with increasing number of problems.</i> |
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| Main issues discussed with colleague | <i>Consultation styles of patient and doctor-centred. Effect of style on job satisfaction. How to become more patient-centred and benefits associated with this style. Coping with pressures of being a GP</i> |
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| Main learning points from consultation | <ul style="list-style-type: none">• <i>Job pressures affect consultation style.</i>• <i>Patient-centred approach improves the patient-doctor relationship and job satisfaction.</i>• <i>Doctor-centred approach is disease focus and patient-centred approach is illness focused.</i>• <i>Consultation analysis is important since generic skill.</i> |
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| Name and position of doctor observing consultation |
| Signature: |

Your name:

Signed:

Date: